



Final Instructions for Egg Donor

_____ When instructed inject Ovidrel Pre-filled syringe, 1 or 2, as instructed, subcutaneously.

_____ Return to the office tomorrow morning for blood work. We will confirm the time for your retrieval at that time.

_____ Nothing to eat or drink after midnight, the night before retrieval.

_____ Arrive at the office 30 minutes before your scheduled procedure time. You will need to have someone drive you home after the procedure.

_____ Post retrieval (night of retrieval), start Ganirelix. Inject 1 Ganirelix pre-filled syringe subcutaneously tonight and for the next two nights.

_____ 5 days post-retrieval (5 days after retrieval), start birth control (pill or NuvaRing).

_____ Schedule follow up appointment with Dr. Kowalczyk, within one week of retrieval.

Patient Signature _____ Date _____