



Michigan Center for Fertility & Women's Health

A few helpful hints about ovulation induction:

- If you're doing a combination protocol, you will take either Letrozole/Femara or Clomid/Clomiphene for 5 days, followed by approximately 5 days of injections.
- If you're doing straight injections, you will need to take these for approximately 10-12 days.
- These medications are administered subcutaneously, or into the fatty layer just beneath the skin. They contain hormones that stimulate the ovaries to produce follicles. A follicle is a fluid filled sac that may contain an egg.
- You will need to call your insurance provider to determine if you have coverage for injectable medication. By doing this, we'll know what pharmacy is most cost effective.
- When you come in on cycle day 3 for baseline blood work and ultrasound, you are responsible for a cycle management fee of \$100. This includes your consultation with the nurse and telephone counseling throughout the cycle. Thereafter, the fee is \$75.
- Provided below is a list of commonly prescribed hormone injectables (gonadotropins)

Bravelle

Repronex

Menopur

Follistim

Gonal-f

Ovidrel/hcg/"trigger" This is a one time per cycle injection, taken when instructed, to induce ovulation.

Michigan Center will take care of the initial ordering of medication and supplies, including refills. However, it is your responsibility to keep track of your medication and request a refill (from the pharmacy) when needed.