



Hysterosalpingogram (HSG)

An HSG is an initial evaluation for fertility patients. This procedure is an x-ray of the uterus and fallopian tubes to determine if there are any abnormalities. A blockage of the fallopian tubes can prevent the sperm and egg from meeting in the tube.

IF YOU ARE ALLERGIC TO IODINE, SHELLFISH, OR SEAFOOD, YOU WILL NOT BE ABLE TO HAVE THIS TEST. (Alternative test can be offered, please notify the nurse).

Please call the office on the first day of your period, to schedule this procedure. Please leave your name, number where we can reach you, and how long you bleed. This test is done cycle days 6-12 (after your menses and before ovulation). You cannot be bleeding or have any red spotting during this test. Please make sure to let us know if your menses was abnormal in any way.

You MUST use a barrier method (condom) for all intercourse once HSG is scheduled. Failure to do so could cancel your test.

You will be asked to take some medication before this procedure. You will need to take Motrin 600 mg the night before and 600 mg a half hour before the test. Please remember to take this medication as directed and notify us with any problems.

The procedure will be scheduled at Beaumont Hospital of Grosse Pointe, 468 Cadieux Road, Grosse Pointe, MI 48230. The phone number is (313) 343-1630. Please do not call them to schedule.

This procedure takes 30 minutes. You will need to arrive 15 minutes before your scheduled appointment. Dr. Kowalczyk will place a speculum into the vagina, then clean your cervix with an antiseptic solution. A small catheter will be placed to inject the dye through the uterus, into the fallopian tubes. You may be asked to roll from side to side to help the doctor see the dye flow through your tubes. You may experience some cramping when the dye is injected, the Motrin will help the cramping. Dr. Kowalczyk will take delayed x-rays, which make sure that all the dye has passed through the ends of the tubes.

Please bring a sanitary napkin/pad, the dye will stain your panties.

YOU MAY HAVE SOME SPOTTING AFTER THE TEST.

No intercourse or anything into the vagina, until all spotting stops.

If you experience any heavy vaginal bleeding, vaginal discharge with strong odor, temperature more than 100.4 degrees or severe pelvic pain within a few days after the x-ray, please call the office at (586)576-0431. If this is on a weekend or a holiday, you will reach our answering service. Please schedule an appointment with Dr. Kowalczyk for 2-3 weeks after the procedure to review test results.