



SONOHYSTOGRAM

This procedure is used to determine if there are any abnormalities of the uterus and fallopian tubes. Abnormalities such as polyps, fibroids, adhesions, and congenital anomalies may be detected.

A transvaginal ultrasound is done to evaluate the pelvis. Then a speculum is inserted into the vagina, and the cervix is cleansed with an antiseptic solution. A small catheter is inserted into the cervical canal to inject saline; this outlines the uterine cavity. At the same time ultrasound pictures will be taken. You may experience some mild cramping.

To Schedule:

Call the office on cycle day 1. This test will be scheduled after you stop bleeding and before ovulation (cycle days 6 thru 12).

Please notify the office if your menses is abnormal in any way, or if you have any allergies.

You will be asked to take 3 tablets of over the counter ibuprofen 30 minutes prior to the procedure. (If you have an allergy or sensitivity to ibuprofen or aspirin, you may take 3 tablets of extra strength Tylenol.)

After the procedure you may experience some spotting. If you should experience any heavy vaginal bleeding, vaginal discharge with a strong odor, a temperature of greater than 100.4 degrees Fahrenheit, or severe pelvic pain within a few days of the procedure, please call the office at (586) 576-0431. If it is after hours or a weekend please call the answering service.

Please schedule an appointment with Dr. Kowalczyk two weeks after the test to go over the results.